



# TRAILS TO RECOVERY

Our Tribal  
Community's  
Approach

# MENOMINEE TRIBAL CLINIC

## **Medically Assisted Treatment:**

*Suboxone: Open to Menominee Tribal Members only - opioid addiction only*

Program consists of daily dosing with Suboxone. Suboxone is a medication used to treat narcotic (opiate) addiction; it blocks the effects of opioid medication, including pain relief or feelings of well-being that can lead to opioid abuse. Weekly attendance in a Substance Use Disorder group and individual counseling is encouraged. Each patient will have a provider, nurse, care coordinator, and counselor assigned to their care. There is immediate intake and assessment for pregnant patients. There is limited availability in this program as limited providers prescribe the medication. Suboxone is only used for opioid abuse, it is not appropriate treatment for methamphetamine abuse. Patients must have 24 hours of sobriety from opioids to start the medication. For more information, please call Diane at 715-799-5429 or Davey at 715-799-6269.

*Vivitrol: Open to Menominee Tribal Members - Alcohol and Opioid Addiction*

Program consists of monthly injections and/or oral medication to help block cravings for alcohol or opioids. Must have 7 days of sobriety to be eligible for this treatment. Not safe for pregnant patients. The medication can be ordered by any medical provider. It is recommended that people be active in an AODA program while receiving this medication to increase success of long term sobriety. There is an existing program where prisoners that struggle with addiction can get a free injection near their time of release. Please talk to your medical provider or call Diane at 715-799-5429 for more information.

We encourage all patients that are considering Medically Assisted Treatment to have Health Care Coverage. Patients with Medicaid or Badger Care are eligible for these services. If you have been denied health care coverage, we ask that you bring a copy of your denial letter to the clinic; you will NOT be denied services even if you have been denied coverage. As with any medications, there are certain diagnoses and conditions where these medications would not be indicated. Patients considering Medically Assisted Treatment will have a thorough medical history and medication review. Initial lab work will also be required.

## **Neonatal Abstinence Syndrome Program (NAS)**

Neonatal Abstinence Syndrome or NAS is a group of conditions that can occur when newborns withdraw from substances that they were exposed to before birth. The goal of the program is to reduce the incidence of NAS in the community. We know best outcomes occur when pregnant patients report early in their pregnancy for prenatal care and receive regular care through out their pregnancy. All pregnant patients will be screened with questions regarding substance use. If there is a need for substance use services, a plan will be developed to assist the family in getting the help they need. Regardless of the situation, we are asking the community to support and encourage all pregnant patients to schedule an appointment with their medical provider as soon possible in their pregnancy. Prenatal appointments can be scheduled by calling the medical appointment desk at 715-799-5400 or by calling any nurse in the medical department. Further questions can be directed to Davey at 715-799-6269 or Diane at 715-799-5429.

## **Behavioral Health Services Department (BHSD)**

The Behavioral Health Services Department (BHSD) is an outpatient mental health clinic certified by the State of Wisconsin. The department offers services such as mental health intakes and individual or group counseling as well as psychiatric evaluations and medication management. Reason's individuals seek services in the BHSD include depression, anxiety, grief, interpersonal conflicts, trauma, school difficulties, and work stressors. Individuals requesting services are seen for individual or group counseling.

# MAEHNOWESEKIYAH WELLNESS CENTER

Maehnowesekiyah Wellness Center offers an array of services developed to provide education, treatment, and recovery support to those struggling with addiction. Providing clients with a deeper understanding of how addiction works, strengthening the family unit, as well as an individualized plan for treatment and recovery. All services are provided by our licensed clinicians and utilize a client centered approach. Intake and admission hours are provided both day and night Sunday – Saturday. We understand that engaging in treatment can be a very intimidating process; therefore, our staff are here to support you along the way. Please contact our offices with any questions that you may have, or when you have made the brave decision to engage in services. Phone: (715) 799-3835

## Available Services and Programs

Alcohol & Other Drug Abuse Services	Mental Health Services
Assessments	Psychological Evaluations
Individual Counseling	Individual Counseling
Intensive Outpatient Groups	Medication Management
AODA Education Classes	Crisis Response Services
Aftercare Services	Couples Counseling
Case Management/Wraparound	Case Management/Wraparound
30 Day Residential Program	Family Counseling
Community Education	Brain Spotting

## Menominee Indian Tribe Community Addiction Assistance Program (MITCAAP)

An initiative of the Drug Addiction Intervention Team (DAIT) to provide side-by-side assistance and resources to those who are looking for or are going through addiction recovery. As part of MITCAAP, certified Recovery Coaches offer real-world experience and advice to those going through recovery as they have done it themselves. This unique offering provides a way to navigate the treatment system and recovery journey with an understanding perspective.

***24/7 assistance is available to anyone through the  
MITCAAP Hotline: 715-972-3280.***

To learn more about Recovery Coaches or how to become one, please reach out to MITCAAP Coordinator, Lydi Vele at [lvele@mitw.org](mailto:lvele@mitw.org).

## MISD STUDENT HEALTH CENTER

The MISD Student Health Center provides a loving and nurturing environment through social emotional learning, culture and project based learning. We promote and improve the health and wellness through restorative practices by setting individual goals to help our students establish a place in their family, school and community. This is done through a referral process that is started in the student's MISD school. In addition, we offer counseling services to students which is available through a referral process that is started in the student's MISD school. Counseling services are provided by our in house counselor and Menominee Tribal Clinic. We also offer assistance in helping families find outside counseling services to fit their specific needs.

## COLLEGE OF MENOMINEE NATION

The **Menominee Vocational Rehabilitation Program** has established a procedure for assisting those individuals with a substance disorder. If they stay free from drugs and alcohol, they are eligible for VR services which may include: AODA assessments, Career Cruising, Soft Skills Training, Basic Computer Skills, Math, Reading Comprehension, Resume Writing, Interviewing Skills, Workshops, work experience, car repair assistance, transportation assistance, telephone assistance and tribal ID. We are located at College of Menominee Nation, Room GM111 or call 715-799-5600 ext. 3203

## COMMUNITY RESOURCE CENTER (CRC)

The Community Resource Center TANF (Temporary Assistance for Needy Families) requires an initial drug screen as a part of eligibility. If a client tests positive they are referred for an initial assessment and are given 90 days to continue on the program and receive a monthly benefit while they come into compliance with their AODA requirements. During this time they are able to use their hours spent on AODA related activities towards their monthly required hours. Agreements are put in place so Case Workers are able to follow up with the client and AODA Counselor to gauge progress and serve as a support person for those seeking treatment. Supportive Services are provided to assure that barriers are reduced to assure they are able to attend all needed sessions/meetings. The P.L. 102-477 Job Training program can also assist with a portion of AODA Assessments as a part of supportive services to active clients and provide case management throughout the process. Both programs work to overcome barriers to employment and assist in building job skills and seeking employment. Please stop in to fill out an info sheet/application and complete eligibility at the Community Resource Center, W3236 Wolf River Drive or call 715-799-5137.

# TRIBAL FAMILY SERVICES

## **OVC Social Worker: Funded through the National Office of Victims of Crime**

This National program is designed to serve youth and children who are identified as the victims of crime. Anyone can connect with the OVC Social Worker to make a referral for direct services. This includes family members and/or school counselors who identify a victimized youth or child, especially those who are victims of crimes related to substance abuse. Services can include mentoring, connecting to additional resources, advocating, and transportation to and from appointments for that child or their immediate family. Contact 715-799-5161 for more information.

## **Coordinated Service Team Program**

This is a strength-based and family centered approach program designed for youth that have not been successful in traditional services. The Coordinated Service Team Facilitator will meet with the family and assist in creating a team consisting of individuals from the family, school, and community. The CST facilitator then facilitates the team meetings which are initially held once every 1-4 weeks as needed. This program is linked to the Comprehensive Community Services (CCS) program\*.

For youth to be eligible for this program, the following criteria should be met:

- Must be a resident of Menominee Reservation / County
- Age range is 0-18
- Must be involved in at least two of the following systems: Mental Health, Special Education, Juvenile Justice, Child Protective Services, Alcohol or Other Drug Abuse Services. Other services will be considered
- At risk of out of home placement, currently placed out of home, or returning from out of home placement
- Previous interventions have not been successful
- Participation is voluntary

## **Family Preservation**

The Family Preservation Program at Family Services is a fully funded program that provides counseling and other related services designed to preserve or re-unify families. The major component of this program is Art Therapy and Counseling for children. The Family Preservation Social Worker is a trained Art Therapist and Counselor, trained in art, developmental psychology, counseling theories, and the therapy and counseling process. Art therapy provides an effective support for children suffering from trauma. Art creates a pathway to expression and healing. It assists in exploring the effects of trauma, in building resilience, and in finding strengths. Art therapy/counseling sessions are offered remotely through the Zoom platform or in-person. All art supplies are provided. Sessions typically are set up for 8 weekly 1 hour sessions consisting of check-in/review, art directive/art making, processing, and closure. Goals and objectives are part of the process. Children can be referred through their Family Services social worker, county social workers, the clinic, teachers/staff, school counselors, and parents/caretakers. Contact Janice Rabideaux, BFA, MA, ATR-P -Art Therapist/Counselor at 715-799-5161 or [mrabideaux@mitw.org](mailto:mrabideaux@mitw.org) for more information.

## DEPARTMENT OF AGING AND LONG TERM CARE

Aging and Long Term Care refers Elders who are experiencing abuse to the Menominee County Adult Protective Services, who are available to contact at (715) 799-3861.

Wisconsin state law on elder abuse includes physical abuse, material (financial) abuse, neglect, or self-neglect of a person who is “age 60 or older or who is subject to the infirmities of aging”.

**Physical Abuse:** is the willful infliction of physical pain or injury or unreasonable confinement of an elder person.

**Material (financial) Abuse:** is the misuse of an elder person’s property, medications or financial resources.

**Neglect:** is the situation that creates a significant danger to an elder person’s physical or mental health because the person who takes care of the elder person is unable or fails to provide adequate food, shelter, clothing, medical or dental care.

**Self-neglect:** has the same meaning as “neglect” except that refers to an elder person’s inability to provide for his or her own needs.

## MENOMINEE COUNTY

### **Substance Use Disorder Services:**

To provide intake and crisis assessment, consulting, linkage and other services to promote care coordination for persons in a mental health crisis to include opioid addictions.

Priority Populations include: Pregnant women who inject drugs, pregnant women with substance use disorders, persons who inject drugs, and individuals with substance abuse disorders. You can contact Mark Waukau, Family Intervention & Outreach Specialist at (715) 799-3861 if you have any questions. After hours for non-emergency call (715) 799-3881. You will be connected to voice mail to leave a message.

## MENOMINEE TRIBAL POLICE DEPARTMENT

### **Yācehtāwak Program:**

The Crisis Response Worker (CRW) coordinates rapid crisis response services between the Menominee Tribal Police Department, Tribal Social Services, and Clinic-Behavioral Health for participants and families impacted by opioid addiction. Family Services & Behavior Health provide family therapy and grief counseling to help families cope with shame and stigma associated with overdose and to help families cope with grief in a healthy way. The CRW will help refer participants to other programs and/or resources as well as accompany them to appointments if need be. The CRW also can provide assistance with gas cards, bus tickets, rides to/from appointments, help with filling out paperwork, and provide any assistance deemed possible.

## CRIMINAL JUSTICE SYSTEM

**KĀKĀĒCEC** is a diversionary program managed by Probation & Parole which focuses on treatment. It was recently established (pre-2019) for non-violent offenders who are involved in the criminal justice system and are struggling with substance abuse issues. The Tribal Prosecutor makes the referrals and the Tribal Judges orders the individuals to the program. After a defendant successfully completes the program, their criminal charges are dismissed.

Addiction is a web of self-deceit. The Tribal Courts, Tribal Prosecution, and Probation & Parole all support individuals getting treatment. Wanting and getting treatment are the first steps in the recovery journey. These are the first steps in accepting responsibility, in being accountable for ones' own actions, and in realizing your potential to become a contributing member of the community. This community needs everyone! We cannot afford to 'THROW ANYONE AWAY!'



# DRUG OVERDOSE DEATHS STATISTICS FOR MENOMINEE RESERVATION/COUNTY\*

Years 2000-2017

Menominee County	17
Ages 15 to 44	10
Ages 45 to 64	7
Opioid Deaths in Menominee County	10
Death rate per 100,000 population	21.1%
Northeastern WI total drug deaths	1,793
Death rate per 100,000 population	8.2%
WI total drug deaths	11,383
Death rate per 100,00	11.2%

\*Estimate based on reported overdose deaths

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## RESILIENCE TIPS

Teaching the language of resilience is no different from teaching the language of a native tongue. We encourage you to help your child learn the vocabulary of resilience and help them practice the concepts daily!

### **The Ability to Calm Oneself**

Managing emotions may be THE biggest skill demanded of a child! Help your child find ways to calm down, like taking five deep breaths.

### **Expressing Feelings**

Help your child learn to recognize different emotions and name them. Validate their feelings.

### **Give a Child Choices**

Learning that every choice has a consequence is essential. This builds decision making skills. Give your child choices any time you can.

## DETOX SERVICES

### **Alcohol Detox Services**

#### **ThedaCare Medical Center-Shawano**

100 County Rd. B  
Shawano, WI 54166  
(715) 526-2111

### **Medical Detox (Emergency Only)**

#### **St. Vincent Hospital**

835 S. Van Buren St.  
Green Bay, WI 54301  
(920) 433-0111

### **Detox/Treatment Center Libertas Treatment Center**

1701 Dousman Street  
Green Bay, WI 54303  
(920) 498-8600

# NARCAN

NARCAN® Nasal Spray counteracts life-threatening effects of an opioid overdose. Since most accidental overdoses occur in a home setting, it was developed for first responders, as well as family, friends, and caregivers - with no medical training required.

- Designed to be easy to use without medical training
- Available from your pharmacist without a prescription
- Covered by most major insurance plans

NARCAN® Nasal Spray is not a substitute for emergency medical care. Always get help immediately, even if the person wakes up, because he/she may relapse into respiratory depression. The use of NARCAN® may result in symptoms of acute opioid withdrawal. Results may vary.

NARCAN® is also available for FREE and without judgement to community members at the following locations:

- Neopit Precint; 6741 W. Shawpokasic St., Neopit
  - Vending Machine
- Menominee Tribal Clinic; W3275 Wolf River, Rd., Keshena
  - Vending Machine
- Maehnowesekiyah Wellness Center; N2150 Kesaehtahter Rd., Gresham
  - Newspaper box
- South Branch Community Center; W1281 E. County Rd. M, Keshena
  - Newspaper box
- Menominee Tribal Police Department; W3293 Wolf River Rd., Keshena



# RESOURCE PHONE CONTACTS

## **Maehnowesekiyah Wellness Center**

(715) 799-3835

## **Menominee County**

(715) 799-3861

*After Hours:* (715) 799- 3881

## **Menominee Tribal Clinic**

*Main Line:* (715) 799-3361

*Medically Assisted Treatment:* (715) 799-5429

*Behavioral Health Department:* (715) 799-5451

## **Family Services**

(715) 799-5161

## **Youth Services**

(715) 799-7099

## **Community Resource Center**

(715) 799-5137

## **Yācehtāwak Program**

(715) 799-5166

## **College of Menominee Nation**

(715) 799-5600 ext. 3203

## **Recovery Coaches Hotline:**

(715) 972-3280

## **Menominee Tribal Police**

(715)799-3321

## **Menominee Tribal Police Tip Line:**

(715)799-5806